

Abnormal Psychology Exam #1 Study Guide

Ch. 1: Abnormal Psychology & Life

Understand the 3 key features of Psychological abnormality (mental disorder)

What were the prehistoric views and treatments of abnormal behavior?

Know Hippocrates' theory on 4 humors

What is mass madness?

What is Pinel noted for?

What is moral treatment?

Know Dorothea Dix's contributions

Understand the somatogenic & psychogenic perspectives

Ch.2: Perspectives on Abnormal Psychology

Understand the following perspectives' view on the causes of abnormality & treatments,

as well as their limitations: Biological, Psychodynamic, Humanistic, Cognitive-

Behavioral, Behavioral, Cognitive, Sociocultural

What are the treatments from the biological model?

Know the basic principles of the Psychodynamic model

Understand id, ego, superego

Understand primary & secondary processing

What are defense mechanisms? Understand at least 2 different ones

Know what techniques psychodynamic therapies rely upon

What is self-actualization?

Understand Maslow's Hierarchy of needs

Understand Rogers' client-centered therapy

What are the three key qualities of a therapist according to Rogers?

Understand how one might develop a psychological disorder through classical and

operant conditioning & modeling

Understand Beck's view on causes of abnormality

Understand the concepts of arbitrary inferences and personalization

Understand the following Cognitive-Behavioral Treatments: CBT, RET, systematic

desensitization, exposure treatment, token economy

Understand how culture can influence psychological disorders

Understand family systems theory

Ch.4: Clinical Assessment, Diagnosis & Treatment

Understand the two main approaches to defining abnormal behavior

Understand reliability & validity

What is clinical assessment?

What is a clinical interview?

What is the difference between the structured & unstructured interview?

Understand the different personality assessments (objective, projective & types)

Understand the different behavioral assessments (naturalistic observation, controlled observation, self-monitoring)

Abnormal Psychology Study Guide

**Susan Nolen-Hoeksema, Jennifer
Boothby**



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Abnormal Psychology Study Guide Ann M. Kring, Gerald C. Davison, John M. Neale, Sheri L. Johnson, 2009-03-23 This study guide is designed to help you study Abnormal psychology 11th edition Each chapter in this guide provides a variety of aids to make your studying easier and more effective Includes overview sections chapter summary sections learning goals key terms study questions self test questions Abnormal psychology is a fascinating but complex topic for many students It is based on the experiences comments and criticisms of hundreds of students who have used it in my classes Douglas Hindman Berea Kentucky To my students p v *Exploring Abnormal Psychology, Study Guide* John M. Neale, Gerald C. Davison, David A. F. Haaga, 1995-08-31 This introduction to abnormal psychology addresses the causes of psychopathology and issues in the treatment and prevention of abnormal behavior

Exploring Abnormal Psychology Study Guide Set John M. Neale, 1996-09-01 This introduction to abnormal psychology addresses the causes of psychopathology and issues in the treatment and prevention of abnormal behavior *Abnormal Psychology, Study Guide* James H. Hansell, Lisa K. Damour, 2004-11-04 Work more effectively and gauge your progress along the way This Study Guide is designed to accompany Hansell and Damour s Abnormal Psychology In line with the text the study guide activities stress meaning and application over memorization Each chapter includes a plethora of study questions and practice tests along with a chapter summary highlighting key concepts and terms Abnormal Psychology by James Hansell and Lisa Damour offers a new innovative approach to the teaching of abnormal psychology Rather than using the DSM IV TR as the backbone of their text the authors introduce six core concepts that illuminate this complex and ever changing field These concepts which appear in each chapter of the text help students understand the material and make the field intriguing and appealing The importance of context in defining and understanding abnormality The continuum between normal and abnormal behavior Cultural and historical relativism in defining and classifying abnormality The advantages and limitations of diagnoses The principle of multiple causality The connection between mind and body in abnormal behavior The text fully covers the latest DSM IV TR system and categories but uses the core concepts as an organizing force to provide an effective alternative for professors searching for a more dynamic text Hansell and Damour have also streamlined the traditional table of contents to a fourteen chapter affordable text without eliminating important material For example research methods are discussed throughout the text social and legal issues are addressed in the chapters where they are most relevant and treatment methods are covered in every chapter rather than in a separate chapter on psychotherapy *Essentials of Abnormal*

Psychology + Essentials of Abnormal Psychology Study Guide V. Durand, David Barlow, 2007-05-01 **Abnormal Psychology, Study Guide & Case Studies for Abnormal Psychology** Ronald J. Comer, 2006-09 *Abnormal Psychology and Introduction to Psychology Study Guide* David Holmes, 1997-01 Abnormal Psychology, Study Guide Gerald C. Davison, John M. Neale, 1990-04-03 The Fifth Edition of this popular introductory abnormal psychology text has been revised and updated DSM IIR is incorporated into the text The treatment is comprehensive covering both experimental and clinical approaches includes a wealth of research based information Contains new material on somatoform and borderline disorders and on biomedical and psychoanalytic perspectives **Study Guide, Abnormal Psychology, 4th Edition, Thomas F. Oltmanns, Robert E. Emery** Gwendolyn M. Parsons, 2003-06 **Fundamentals of Abnormal Psychology + Study Guide + Psychportal Access Card** Ronald J. Comer, 2012-06-19 **Dsm-5 Abnormal Psychology (Speedy Study Guides)** Speedy Publishing LLC, 2015-04-25 Early diagnosis of mental disorders is vital in the treatment and prevention of worse case scenarios Doctors use a mental disorder Bible to isolate the illness an individual is suffering from Now you don't have to be a doctor to gain access to the Diagnostic and Statistical Manual of Mental Disorders The DSM 5 has been briefly summarized in this quick guide Pick a copy today **Study Guide for Use with Abnormal Psychology** Susan Nolen-Hoeksema, Jennifer Boothby, 2005-12 **Abnormal Psychology, Study Guide** Frank Costin, Juris G. Draguns, 1989-03-27 This is an introductory abnormal psychology text based on DSM IIR with up to date coverage of controversial topics Classification is introduced early on in the text and research methods and historical background are presented along with each topic rather than in separate chapters Offers more thorough coverage of cross cultural and biological topics than other texts and includes two chapters on substance abuse Clinical case studies are augmented with examples from literature law biology political science and anthropology resulting in an integrated humanistic approach **Study Guide for Abnormal Psychology** James N. Butcher, Susan Mineka, Jill M. Hooley, 2012-04-01 *Studyguide for Abnormal Psychology* Cram101 Textbook Reviews, 2013-05 Never HIGHLIGHT a Book Again Virtually all testable terms concepts persons places and events are included Cram101 Textbook Outlines gives all of the outlines highlights notes for your textbook with optional online practice tests Only Cram101 Outlines are Textbook Specific Cram101 is NOT the Textbook Accompany 9780521673761 **Abnormal Psychology, Study Guide** Gerald C. Davison, John M. Neale, 1993-09-10 Addresses two primary questions what causes psychopathology and which treatments are most effective in preventing or reducing psychological suffering Uses four paradigms or points of view to study abnormal psychology biological psychoanalytic learning and cognitive Also uses the humanistic and existential paradigm when therapy is at issue New to this edition an account of DSM IV the impact of cultural diversity on the categorization etiology and therapeutics of diverse disorders such as posttraumatic stress eating and borderline personality Includes case studies full color line and photographic illustrations *Study Guide for Abnormal Psychology* Robin Rosenberg, Stephen Kosslyn, 2014-03-11 The study

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