

ANITA COBBY

the tragedy that broke the heart of a nation



BY KERRIE DAVIES

I WAS a teenager when five leathome monsters took the life of beautiful Anita Cobby, and like everyone else old enough to remember this horrible crime, it is etched in my mind forever as a stark reminder that unspeakable evil does exist.

A young nurse in the prime of her life, Anita was snatched from the side of a Blacktown road by a carload of despicable creatures before being raped, tortured and murdered.

The brutality the 26-year-old endured at the hands of the five men devastated her family, reduced the most hardened police officers to tears and broke the heart of a nation.

It has now been 36 years since the crime that shocked Australia and made Anita Cobby a household name for the saddest of reasons.

It was on February 7 1986 that Anita took that fateful walk from Blacktown station to her home. She usually called her father to pick her up, but on this night, the phone box was broken.

The five criminals stopped and she was pulled into the car. After torturing her in what must have been the most terrifying car ride, Anita was taken to a field in Prospect where she was systematically raped and tortured further, before finally having her throat cut by the ring-leader and left to die a lonely death.

News first broadcast into our loungerooms that the young nurse was missing. Then, the devastating news that she'd been found so brutally murdered.

Australia's collective heart broke all the more when we saw Anita's parents, Gary and Grace Lynch, who were so lovely and showed so much dignity throughout their ordeal. It hurt to see such sweet, warm-hearted parents in unimaginable pain.

The details of what Anita was subjected to were revealed in an autopsy report. Many people who never knew her, including emergency services, journalists and political leaders set out to read the report - but found the circumstances so horrendous that they couldn't finish it. One can only imagine how heart-wrenching it was for her parents.

Retired Detective John Wakefield was second in charge (2IC) at Blacktown at the time Anita was found.

"The day her body was located will always be etched in my mind. I remember the crime scene as if it was today," Mr Wakefield said.

"A murder scene tells a story; the last moments and what they did to her will always stay with me. The look on her face, the state of her body."

"It was such a shock for the man who owned the diary where she was found. Nobody could expect to come across a body like that."

"When the team of detectives arrived, we found the cattle around her. They were poking her, as if to try to wake her."

Not long afterwards, Mr Wakefield was transferred to Penrith, but he always kept an eye on the case.

The horror of Anita's murder will also live in the mind of retired Chief Inspector Gary Raymond forever. He believes the memory of her tragic death delivers a strong message.



"Anita's tragic passing serves as a message against violence. It has also served as a reminder to women in particular, on safety and security. It became somewhat of a catch-cry from mothers all over the country, 'don't walk home alone, remember Anita Cobby.'"

"We all wish women could walk anywhere at anytime and be safe."

Mr Raymond worked around the clock at Blacktown trying to generate leads on who the perpetrators were.

"My main job was to 'turn the streets over.' That basically means go talk to the people on the street, including the prostitutes and the drug users."

"The streets talk - part of good detective work is to knock on the doors, go in the pubs, even the brothels - and find out every bit of information you can."

Anita's abductors were in a stolen car at the time of the crime, and the "streets did talk" information came from an informant that the Murphy brothers had stolen a car.

Another important piece of information came from a neighbour who noticed a burning smell and then saw them burning clothing in an incinerator.

"A detective's job is to join the dots. People should always report suspicious activity, even if it seems insignificant. It could just be the missing piece of the puzzle," Mr Raymond said.

Once arrested, community outrage at the criminals responsible for Anita's death rose to a level never seen before in this country. The court appearances of the five men (John Travers, Michael Murphy, Leslie Murphy, Gary Murphy and Michael Murdoch) were always packed with members of a very angry public calling for their heads.

"I was upstairs in the detective office, when it came over the speaker that every available officer was to head to the front to address crowd control," Mr Raymond remembered.

"There was, I'd guess, about 200 people protesting. Bikes on top of the carpark hung a noose. The crowd started chanting 'Hang the bastards!' Then they tried to get at the cars that they were in."

"One memory I'll always have, is of a very elderly lady in the crowd. She was very thin, had grey hair up in a bun - she looked a bit like a nun. She began screaming 'hang the bastards' and lunged at the car."

"When I asked her to move back, she grabbed my coat and screamed at me, 'have you got a f**king daughter?' I have, let me at them!"

"I understood the emotion. I looked at her and gently said, 'justice will be done.' It was certainly a level of anger that I had never seen before and have never seen since."

"People were angry and also afraid. Before we'd arrested the Murphys and were looking for them, bikes were picking up their wives from the station armed with baseball bats. They'd scream, if we find them we'll carve their heads in!"

Mr Raymond spoke of calling in to see Anita's parents after the autopsy.

"They'd been told the details. 'They were just such lovely, beautiful people,'" Mr Raymond said. "I can still see Grace entering the room in her apron. Gary stared at me for a long time, and then grabbed my hands in his and said, 'Gary, something good has to come out of something so bad.' We all cried and cuddled."

All five men, who had over 50 previous convictions between them, would be found guilty and sentenced to life imprisonment, never to be released.

Travers, Murdoch, and two of the Murphy brothers, Les and Gary are in NSW prisons. Michael Murdoch died of a liver condition in February 2019.

The Lynch family endured a nightmare that was so utterly unbearable, yet they focused their time in the subsequent years reaching out to other families struggling to cope with homicide.

They established the Homicide Victims Support Group with Christine and Peter Simpson, parents of Ebony Simpson.

Ebony was just nine years old when she was abducted after alighting from her school bus before being raped and then tossed into a dam in Bargo and left to drown.

Finding themselves to be members of a club nobody would ever want to be in, Anita's parents and Ebony's parents were united in a grief that only those who've lost their children from horrendous homicide could understand.

Gary and Grace have both passed away now.

Documentaries on Anita's murder have aired over the years, and a book has been published called 'Someone Else's Daughter.'

Sadly the title came from a quote by Gary Lynch (Anita's father) who said, "I could wish it was someone else's daughter, but I can't, can I? They would then have to go through what we're going through."

He was a very decent and honourable man. A stark contrast to his daughter's brutal killers.

Anita Cobby What Happened

Harry A. Milman PhD



Anita Cobby What Happened:

Remembering Anita Cobby Mark Morri, 2017-02-27 On 4 February 1986 John Cobby's life imploded. He was driving up the coast looking for his missing wife Anita when over the radio he heard "The body of a naked woman has been found in a paddock in western Sydney." As details emerged of the rape and murder of the gentle nurse and former beauty queen, outrage engulfed Australia. Five men were caught and amid unprecedented scenes jailed for life. For young reporter Mark Morri, the case was a baptism of fire. Told to find the husband he despaired. Cobby had changed his name and disappeared. But the Daily Mirror found him and Morri's interviews sent newspaper sales soaring. For nearly thirty years, Morri and Cobby kept in touch. In this book, John finally opens up recounting how he and Anita fell in love, travelled the world, suffered the pain of her miscarriage, and how he still believes today that they are soulmates. He also explains why they were apart at the time of the murder. Weaving in chilling material from the autopsy, police files, and interviews with the detectives who hunted down the killers, Mark Morri explores the ripple effects of the murder that still shocks a nation. *Someone Else's Daughter* Julia Sheppard, 1991. Factual account and reconstruction of events leading to and following the murder of Anita Cobby in Sydney in 1986. Includes details of families and the lives of the murderers and their victim. The author is a Sydney journalist who covered the investigation into the Cobby case for the Sydney TSun. *Remembering Anita Cobby* Mark Morri, 2016-02-01. The national bestseller. John Cobby finally tells his story 30 years after the murder of his wife Anita. On 4 February 1986, John Cobby's life imploded. He was driving up the coast looking for his missing wife Anita when over the radio he heard "The body of a naked woman has been found in a paddock in western Sydney." As details emerged of the rape and murder of the gentle nurse and former beauty queen, outrage engulfed Australia. Five men were caught and amid unprecedented scenes jailed for life. For young reporter Mark Morri, the case was a baptism of fire. Told to find the husband he despaired. Cobby had changed his name and disappeared. But the Daily Mirror found him and Morri's interviews sent newspaper sales soaring. For nearly thirty years, Morri and Cobby kept in touch. In this book, John finally opens up recounting how he and Anita fell in love, travelled the world, suffered the pain of her miscarriage, and how he still believes today that they are soulmates. He also explains why they were apart at the time of the murder. Weaving in chilling material from the autopsy, police files, and interviews with the detectives who hunted down the killers, Mark Morri explores the ripple effects of the murder that still shocks a nation. Beauty Queen Murder: Nurse Anita Cobby Pamela Lillian Valemont, 2015-09-17. Anita Lorraine Cobby, a beautiful young married woman, was recently separated from her husband John. They were both registered nurses living in Sydney, Australia. Anita, raised in the working-class suburb of Mt Druitt, was 1979 Miss Western Suburbs in the Miss Australia Quest. After her marriage broke down, Anita returned to live with her parents. Seven years after she won her title, when Anita was 26 years old, she was abducted while walking home from the Blacktown train station, raped, tortured, and murdered at nearby Prospect on the evening of the 2nd of February 1986. Five men, including three brothers, were convicted of her murder.

and sentenced to life imprisonment never to be released Anita's fingers were broken her bones dislocated her nose and cheekbones fractured in the shocking assault upon her The horrifically cruel murder of this kind and caring lovely young nurse caused mass outrage within Australia This is the forensic numerical criminal analysis and profile of her killers

Remembering Anita Cobby Mark Morri, 2016-03-31 John Cobby finally tells his story 30 years after the murder of his wife Anita On 4 February 1986 John Cobby's life imploded He was driving up the coast looking for his missing wife Anita when over the radio he heard The body of a naked woman has been found in a paddock in western Sydney As details emerged of the rape and murder of the gentle nurse and former beauty queen outrage engulfed Australia Five men were caught and amid unprecedented security jailed for life For young reporter Mark Morri the case was a baptism of fire Told to find the husband he despaired Cobby had changed his name and disappeared But the Daily Mirror found him and Morri's interviews sold like hotcakes For nearly 30 years Morri and Cobby kept in touch In this book John finally opens up recounting how he and Anita fell in love suffered the pain of miscarriage and then went travelling He also explains why they were apart at the time of the murder Weaving in chilling material from the autopsy and police files and interviews with detectives who hunted down the killers Mark Morri explores the ripple effects of the murder that still shocks a nation Tea with Arwa

Arwa El Masri, 2011-09-27 Arwa El Masri is a child of many countries She was born in Saudi Arabia lived in America for a time and yet as the daughter of Palestinian migrants Arwa did not have a country that she could call home Her parents came to Australia to give all their daughters the greatest gift they could somewhere they could belong It took a teenage Arwa time to find her way in her new country and to reconcile her Muslim faith with her life as a young woman in western Sydney But slowly Australia got under her skin and into her heart She lost her accent and stopped being startled when kookaburras laughed She met her future husband Hazem El Masri in the most unlikely way But he was not who she thought she should marry Getting to know him made Arwa look at her own prejudice reassess what was important to her and how she wanted to live her life Her grandmother's wisdom helped guide her When she was twenty three and newly married this Aussie girl who loved John Farnham and Vegemite decided it was time for her to wear the veil The first time she went out in public with it on she was shocked Many assumed she did not speak English or that her husband had told her what to wear Both were incorrect Through telling her story Arwa shows the importance of belonging for everyone and how alike we all are Regardless of faith we are all looking for the same things safety love and a sense of home *Dangerous to Know*

Susanna Lobez, 2016-02-01 *Dangerous to Know* documents murders known and not so well known conmen and their victims street gangs of the early twentieth century crime lords of the 1920s dock wars of the 1970s bikers sex offenders and the drug gangs of today as well as the wrongly accused and wrongly convicted They're all here as well as some of the police lawyers and judges who have tried to deal with them Star Observer Magazine February 2016 Elias Jahshan, 2016-01-19

Refractory Girl, 1991 *The Bulletin*, 2006 **FORENSICS III** Harry A. Milman PhD, 2024-04-21 In Forensics III

They Got Fifteen Minutes of Fame from the Way They Died I reviewed twenty eight ordinary people who were thrust into the spotlight gaining fame not for their talents or accomplishments while living but for the way they died Newspaper and magazine articles ensured that stories of the circumstances surrounding their deaths remained in the public eye so that as Andy Warhol had predicted their fame would last at least fifteen minutes In some cases it lasted much longer While these individuals may have been ordinary before they died they became extraordinary after death Some of the people I reviewed in Forensics III They Got Fifteen Minutes of Fame from the Way They Died include the Boy in the Box later identified as Joseph Zarelli who died from blunt force trauma Azaria Chamberlain a nine week old infant who was killed by a dingo at Ayers Rock in Australia George Floyd whose death resulted from police brutality Ron Goldman and Nicole Brown Simpson who were stabbed to death Elisa Lam who drowned in a water tank on the roof of her hotel Michael Faherty whose death in Ireland was attributed to spontaneous human combustion Katherine Morris who died from carbon monoxide poisoning due to charcoal grilling in an automobile Carlos Sousa who was mauled to death by a tiger Sahel Kazemi and Steve McNair who committed murder suicide and Jayne and Corinne Peters whose death was due to filicide suicide among many others Forensics III They Got Fifteen Minutes of Fame from the Way They Died reads like a mystery novel presenting biographical and scientific information that helps readers understand how medical examiners and coroners utilized forensic analysis to determine the causes and manners of death of twenty eight not so famous people

Westerly ,1991 **Australian National Bibliography** ,1996-05 **Australian Journal of Law and Society** ,1986 Historical Dictionary of Sydney Arthur Emerson,2001-09-10 The Historical Dictionary of Sydney aims to provide both specialists and general interest readers with a scholarly reference to Sydney s rich and diverse history as well as a general introduction to the city It is intended for an international English speaking audience Media Information Australia ,1994 *Australian Violence* Duncan Chappell,Sandra J. Egger,1995 *CAC News Letter* Christian Anti-Communism Crusade,1995 The Australian Law Journal Reports Australia. High Court,1989 *The Commonwealth Law Reports* Australia. High Court,1988

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