

# General Health Questionnaire (GHQ-28)

Full name of the patient:

Date accomplished:

Full name of the assessor:

Please read this carefully. We should like to know if you have had any medical complaints and how your health has been in general, over the past few weeks. Please answer ALL the questions on the following pages simply by underlining the answer which you think most nearly applies to you. Remember that we want to know about present and recent complaints, not those that you had in the past. It is important that you try to answer ALL the questions. Thank you very much for your co-operation.

Have you recently...

Questions	Choices			
A1 been feeling perfectly well and in good health?	<input type="radio"/> Better than usual	<input type="radio"/> Same as usual	<input type="radio"/> Worse than usual	<input type="radio"/> Much worse than usual
A2 been feeling in need of a good tonic?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
A3 been feeling run down and out of sorts?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
A4 felt that you are ill?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
A5 been getting any pains in your head?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
A6 been getting a feeling of tightness or pressure in your head?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
A7 been having hot or cold spells?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
<hr/>				
B1 lost much sleep over worry?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
B2 had difficulty in staying asleep more once you are off?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
B3 felt constantly under strain?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
B4 been getting edgy and bad-tempered?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual

# General Health Questionnaire Ghq 1

**Vincenzo Auriemma, Ornella  
Piazza, Giuliana Scarpati, Gennaro Iorio**

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**Public Health Reports** ,1984 Income Distribution Within Irish Households David B. Rottman,1994 **Measuring Population Mental Health** OECD,2023-03-15 Good mental health is a vital part of people s well being and the COVID 19 pandemic brought renewed attention to its importance However discussions so far have not focused sufficiently on how governments should best monitor it at the broader population level and on how to consider both mental ill health and positive mental states **Multidisciplinary Research Area in Arts, Science & Commerce (Volume-14)** Chief Editor- Biplab Auddya, Editor- Mulay Atul Ramesh Rao, Dr. R. K. Ratna Devi, Mrs. Farida Babu Nadaf, Dr. Poonam Bajpai, Dr. Chalhoju Jyothsna, Dr. Raja Sekhar Koduru,2026-01-15 *Psychopathology* ,1994 *Post COVID-19: Analysing and Addressing the Challenges Faced by Patients Following Intensive Care Treatment for COVID-19* Vincenzo Auriemma, Ornella Piazza, Giuliana Scarpata, Gennaro Iorio,2023-12-15 *Contemporary Psychiatry* Fritz Henn, Norman Sartorius, Hanfried Helmchen, Hans Lauter,2013-11-11 Contemporary Psychiatry is an international textbook developed on the basis of the experience with its first three German editions making it a work with long and distinguished tradition It combines the German tradition of phenomenology and diagnosis going back to Kraepelin with the Anglo American tradition and the DSM IV diagnostic system In doing so Contemporary Psychiatry becomes a unique source among psychiatric texts offering a truly international approach to state of the art knowledge and future perspectives of psychiatry The four internationally renowned editors were able to acquire the leading specialists as contributors No less than 120 authors from 10 different countries ensure an extremely high standard and guarantee the consideration of cross cultural aspects A special feature of Contemporary Psychiatry is that it includes chapters on psychiatric disorders caused by extreme circumstances such as for example migration torture rape violence and natural and man made disasters **COVID-19 and Behavioral Sciences** Liz Steed, Kebede Beyene, Rebecca Anne Pedruzzi, Tracy Jackson, Amy Hai Yan Chan,2022-02-21 **Compendium of Quality of Life Instruments** ,1998 American Journal of Public Health ,2008 Scales for Assessment of Diagnosis and Severity of Mental Disorders Per Bech,1993 *Psychological Medicine* ,1979 **New Zealand Medical Journal** ,1994 **The East African Medical Journal** ,1992 **BMJ** ,2009 *The Journal of Rheumatology* ,2003 **Journal of the Royal Society of Medicine** Royal Society of Medicine (Great Britain),2008 Includes selected papers from meetings of the Society and of its sections **A Textbook of Psychological Medicine** Brian O'Shea,2002 **West African Journal of Medicine** ,2003 *Measuring Disease* Ann Bowling,1995 Intended to supplement the author s previous work *Measuring Health A Review of Quality of Life Measurement Scales* this book reviews specific measures of quality of life and where appropriate pertinent symptoms and single domain scales which are still sometimes used to supplement them

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