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My One-of-a-Kind Body Whitney Casares MD, MPH,2025-10-21 What if you could help your kids learn body positivity and self esteem in an inclusive realistic way that goes way beyond slogans and platitudes Enter pediatrician and mom Dr Whitney Casares and this kid friendly guide to body literacy Body literacy is more than self love it's learning how to take care of and appreciate your body even when loving it is hard After all it's the only body they'll ever have Kids and tweens will meet the diverse cast of friends spending their summer at the fictional Camp Corazon Some characters will remind them of themselves while others will challenge them to understand and empathize with others life experiences Vibrant full color illustrations and fun body facts will keep even reluctant readers turning pages and absorbing the important message that all bodies are good bodies especially their own

How to Live with Autism and Asperger Syndrome Chris Williams,Barry Wright,Olive Young,2004 This accessible introduction to caring for a child with autism is an ideal resource for the families of children with Autism Spectrum Disorders as well as for the professionals who work with them In clear and simple language and with many illustrations the authors explain the nature of this condition and its variations and tackle common problems experienced in everyday activities such as eating sleeping and going to the toilet They also suggest strategies for coping with aggression and tantrums approaches to preoccupations and compulsions and suggest ways in which to improve communication and social skills Based on up to date research and using many case examples the authors consider each problem and its causes step by step and suggest a number of solutions

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Health Care Professional Third Edition is a comprehensive practical text covering the evolving field of gerontology written for health care students and professionals. Written by experts across many health professions, Gerontology for the Health Care Professional Third Edition presents an up-to-date and realistic view on the aging process. With topics presented in an introductory fashion, this book covers all the important aspects of aging and instills an appreciation for the multidimensional aspects of aging for those who are working with and caring for elderly patients or clients. Each chapter includes objectives, chapter outlines, case studies, multiple-choice review questions, and learning activities. The Third Edition begins with chapters on different aspects of the aging process. Later chapters explore various issues that are of primary importance to the older population. This comprehensive, accessible text concludes with the future concerns of an aging society. There is also an epilogue encouraging all health care professionals to embrace patient or client advocacy, especially for older adults. New to the Third Edition: Chapter on dental issues; An Oral Perspective on Healthy Aging and Prevention for the Older Adult; More Case Studies; New Test Bank; New Epilogue; More information on policy and legislative issues; patient advocacy; ethics; elder abuse; cultural issues; communication issues; and social theories of aging. Updated information, statistics, and census data. Expanded dementia section to include comparing and contrasting delirium and dementia and including more about different types of dementia such as Lewy Body Dementia and Parkinsonian Dementia. Expanded information on sleep disorders and continence. Expanded medication therapy management services section including Beers list, new drugs, and links to up-to-date medication information. Latest information on obesity. More information on sexuality for institutionalized adults. Universal design in the community; elder-friendly cities; technology to promote independence; and international data including examples of old age care from around the world. INSTRUCTOR RESOURCES: PowerPoint Presentations, Instructor's Manual, Answer Key, Discussion Questions. STUDENT RESOURCES: Companion Website including Crossword Puzzles, Matching Exercises, Glossary, Flashcards, Web Link.

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