

He, Zeig doch Mal!

Dieses Buch haben wir für Kinder und Eltern gemacht. Es kann in ihrer Hand eine Hilfe für die sexuelle Aufklärung sein. Vor allem aber möchte es den Eltern zeigen, daß eine natürliche Sexualität sich nur dann entwickelt, wenn die Kinder von der Geburt an in einer liebevollen, die Sexualität nicht unterdrückenden Familie und Umwelt aufwachsen. Wir glauben, daß ein Kind noch nicht aufgeklärt ist, wenn es alle Bilder in diesem Buch betrachtet hat. Zu einer guten Aufklärung gehört vielmehr das immer wiederkehrende Gespräch mit den Eltern, das dem Kind hilft, seine Fragen und Probleme zur Sexualität zu äußern und zu verarbeiten. Der Bildteil des Buches ist daher als Grundlage und Anregung für die Eltern gedacht. Die im Inneren des Körpers stattfindenden Vorgänge wie Befruchtung und Schwangerschaft sowie anatomische Einzelheiten sollten dem Kind von den Eltern selbst in einfachen Worten erklärt werden. Hierzu bietet der Textteil Anregungen und Vorschläge. Er vermittelt den Eltern grundlegende Kenntnisse von der Ent-

wicklung der Sexualität und der sexuellen Erziehung. Wir sind der Meinung, daß nur eine anschauliche und wirklichkeitsnahe sexuelle Aufklärung den Kindern Angst und Schuldgefühle im Zusammenhang mit der Sexualität ersparen kann. Aus diesem Grund wählen wir als Bildmittel die Fotografie. Mit viel Mühe und unter großen Schwierigkeiten gelang es, die Kinder so zu fotografieren, daß ihre natürliche Haltung zum Ausdruck kommt. Wir danken den Kindern und Eltern für ihre Hilfe bei der Gestaltung der Fotos. Der Kommentar zu den Bildern sind spontane Äußerungen, die wir unverändert wiedergeben. Wir hoffen, daß dieses Buch Kindern und Eltern als brauchbare Informationsquelle dienen und ihnen den Weg zu einer glücklichen, von Liebe, Zärtlichkeit und Verantwortungsgefühl geprägten Sexualität erleichtern kann.

Helga Fleischhauer-Hardt

Wil McBride

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Ensheng Dong



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