

# Case Management Notes

<b>Client information</b>	
<b>Name:</b> Marcus Holbrook	<b>Date of birth:</b> 09/22/2988
<b>Contact information:</b> 555-0187, marcus.holbrook@email.com	
<b>Emergency contact:</b> Alicia Holbrook (sister), 555-0192	
<b>Case information</b>	
<b>Case ID:</b> CM-2024-0415	<b>Date opened:</b> 04/15/2024
<b>Case manager:</b> Tara Simmons, LCSW	
<b>Purpose of visit:</b>	
Initial assessment for substance abuse treatment referral	
<b>Subjective</b>	<b>Objective</b>
<ul style="list-style-type: none"><li>- Client reports drinking "about a six-pack a day" for the past 3 years</li><li>- States he wants to quit but has been unsuccessful on his own</li><li>- Expresses concern about potential job loss due to decreased performance</li><li>- Reports feelings of shame and isolation from family</li></ul>	<ul style="list-style-type: none"><li>- Appears disheveled and fatigued</li><li>- Slight hand tremors observed</li><li>- Oriented to person, place, and time</li><li>- BAC at time of visit: 0.06</li></ul>
<b>Assessment</b>	<b>Plan</b>
<ul style="list-style-type: none"><li>- Alcohol Use Disorder, severe</li><li>- At risk for alcohol withdrawal</li><li>- Impaired social and occupational functioning</li><li>- Motivated for treatment but lacks support system</li></ul>	<ol style="list-style-type: none"><li>1. Refer to local intensive outpatient program (IOP) for alcohol abuse</li><li>2. Provide information on local AA meetings and encourage attendance</li><li>3. Conduct brief motivational interviewing to reinforce commitment to change</li><li>4. Schedule follow-up appointment in 1 week to assess progress and address any barriers to treatment</li><li>5. Provide crisis hotline number and educate on signs of severe withdrawal</li><li>6. Explore possibility of involving sister as support person in treatment process</li></ol>

# Example Case Management Notes

**Rachel Sandford**



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